

Healthcare Cost Containment Committee Minutes
September 19, 2018
3:30 p.m. to 5:00 p.m.

Attendees: Peter Bergeron, Ashley Brigham, Marge Chiafery, Debie Clayton, Shawn Croteau, Linda Dimakis, Mary Ethier, Kelly Grassini, Rick Greenier, Linda Hastings, Jen Lavigne, Marsha McGill, Christine Soucy, Kathleen Walczak

1. Welcome Guest

Marge Chiafery introduced Daphney Valcinor, Organizational Development Training Specialist for AllOne Health.

2. Approval of June 6, 2018 Minutes

Mary Ethier moved (seconded by Kathleen Walczak) to approve the June 6, 2018 minutes.

Edits to the June 6, 2018 minutes included the correct spelling of Ethier and clarification that James Masticola Elementary School purchased gift cards to be distributed in the 2018-2019 school year.

The motion passed 10-0-3 as amended with Kathleen Walczak, Linda Dimakis and Shawn Croteau abstaining. Not all members were present for the vote.

3. Health Assessment Participation

a) Rate for June, July, August

Ashley Brigham reported the Biometric Screening participation rates for June (22%), July (23%) and August (24%). She reported participation rates for Health Assessment for June (40%), July (40%), August (41%).

Marge Chiafery noted the Health Assessment participation rate is 15% below goal and the biometric screening is 11% below goal.

b) Promotion Strategies for September

Ashley Brigham reported September 30 is the last day of the third quarter for the Slice of Life incentive program. The maximum incentive per quarter is \$75.

Ashley Brigham and Debie Clayton attended the school district's new hire orientations.

With only seven school days remaining in September, Ashley suggested representatives remind new hires who have their health insurance cards to take the Health Assessment before the end of the month.

It was noted that effort is being made at HealthTrust to speed up the distribution of health insurance cards for new hires.

Debie Clayton offered to help facilitate the issuance of insurance cards for new hires. She will work with Linda Hastings in this effort.

Linda Hastings will send representatives a list of new hires who elected to take health insurance sorted by building.

Ashley Brigham noted that many spouses covered by the District's health insurance do not complete the Health Assessment survey. This is a category that could use promotion.

Committee members shared the following inhibitors:

- Spouse is not willing to call to reset password.
- Spouse does not have email address.

Kathleen Walczak noted that she distributes information to the high school staff informing them of incentive rewards and how to qualify. She suggested adding the maximum incentive rewards that can be acquired when a spouse participates.

4. Update on Torchbearer Orientation Meeting – Rick Greenier

Rick Greenier attended the Torchbearer Orientation meeting. He provided mentors and mentees with the names of their building representative for the Healthcare Cost Containment Committee and a brief overview of the District Wellness committee.

5. Follow-Up Information Regarding the Solera Program

Ashley Brigham reintroduced the Solera program.

Mary Ethier and Sandy Swanson provided positive comments about the program.

Questions about the Solera Program:

- Is there a limited window of time between qualifying for the program and enrolling in the program?
- Are program options based on a person's answers to the Solera survey?

If a person qualifies for a Solera program and is not given the option to participate in the Weight Watcher program and that is his/her desired program, contact Ashley Brigham at HealthTrust for assistance.

Ashley Brigham will contact Solera to ask if a Solera representative can attend the October or November meeting to answer questions.

6. Creating the Respectful Workplace: Meeting Half Way

Marge Chiafery chose the topic as a follow up to August Academy.

Daphney Valcinor, Organizational Development Training Specialist for AllOne Health provided a 40 minute presentation on “Creating the Respectful Workplace: Meeting Half Way.

Individuals with the District’s health insurance will receive \$10 towards their Slice of Life incentive reward for attending this presentation.

7. Stewardship Report Follow-Up

This agenda item will be discussed at the October meeting.

8. A Nutritional Promotion – Ashley Brigham

This agenda item will be discussed at the October meeting.

9. Meeting Dates and Hospitality Request

The hospitality sign-up sheet was distributed. Thank you to Peter Bergeron and Sandy Swanson for providing refreshments for the first meeting.

10. Other:

Jen Lavigne informed the committee of an opportunity for individuals to join a Merrimack School District Team for a 5K run “Footrace for the Fallen” taking place in Manchester on Sunday, October 14 at 10:15 a.m.

Rick Greenier, District Wellness Committee Chair, offered to send a districtwide email containing the 5K run details to all employees.

Key Messages for representatives to highlight:

- Post the Respectful Workplace handouts
- Post participation rates for the Health Assessment Survey and Biometric Screening (the chart on the bottom of each agenda) for staff. Promote percentage goals.

The meeting adjourned at 5:00 p.m.

2018-2019 School Year Meeting Dates

Meeting Date	Refreshments
September 19	Peter Bergeron, Sandy Swanson
October 3	Rick Greenier, Marsha McGill
November 7	Kelly Grassini, Shawn Croteau
December 5	Mary Ethier, Kim DeMaso
January 9	Kathleen Walczak, Linda Dimakis
February 6	Christine Soucy
March 6	Jen Lavigne
April 3	Linda Hastings, Marge Chiafery
May 1	
June 5	Debie Clayton, Ashley Brigham